

The purpose of this document is to create a living list of ideas that local chapter leaders can use to develop activities for their local chapters to participate in. The activities are grouped by type. This is a living document, created by and for NAYGN local chapter leads. The chapter that contributed each idea is listed in parenthesis after the activity description. If you want more information about a particular idea, please use the list of local chapters and contacts to get in touch with the chapter that submitted the idea. Please submit new ideas or comments to usa@na-ygn.org.

Professional Development

1. Kickoff the year with Executive Sponsor – have them speak about why NAYGN is good for the employees and why it is good for the company to encourage more to participate. (Exelon)
2. Bring in a development manager for your company that can speak about your career development programs. They can give ideas on how you can create a good career plan. They can also discuss different career paths and give you an idea of what might be best for you. (Exelon)
3. Lunch and Learn with Senior Leadership- Have a member of your senior leadership team come in during a lunch and talk about how they got to where they are. It can give someone ideas as to how they can get there. This can be rotated around through the different departments and even through the different levels. We can't go from individual contributor to plant manager in one day, right? (Exelon)
4. Lunch and Learns on Financial Topics – Example topics covered: first time home buying, buying vs. renting, investing your money. (OPG – Durham Chapter)
5. Lunch and Learns on Presentation Skills – For example, OPG Durham brought in two external organizations: Toastmasters and The Christopher Leadership Course (<http://www.christophers.org/>, www.clctorontoeast.com), and had them give presentations on how being an effective speaker can enhance your career and interpersonal relationships. (OPG – Durham Chapter)
6. Profiles in Leadership Evening – This event is similar to a lunch and learn where you bring in a senior executive to talk about his or her career... except it is done after work and at a nice restaurant/bar/pub where people can mingle, network, listen to and ask questions of the senior exec and also eat food, have a drink, play pool, etc. (OPG – Durham Chapter)
7. Host a seminar on nuclear topics. For example, OPG Durham hosted the 2008 NAYGN professional development day at the Canadian Nuclear Society conference. Not only does this provide opportunities for people to learn but also gives young professionals the opportunity to put together some good presentations and gain exposure to various senior executives. Shows that your chapter is willing to lead! (OPG – Durham Chapter)



Local Chapter Activity Ideas

8. Organize an engagement survey for your company on young professional issues. This gives people exposure on how to complete a survey, helps your company know where the issues are, and gives young professionals an opportunity to provide feedback on their careers. (OPG – Durham Chapter)
9. Send selected chapter members to soft-skill seminars. Have these members provide a report/summary back to the group at the next chapter meeting. (Diablo Canyon)

Networking / Social

1. Hold an annual anniversary meeting that celebrates the founding of NA-YGN for your company or site. This would usually be an all day event that revolves around a common theme. It would include speakers that can talk about different topics, but they all tie together through the common theme for the event. Speakers could be Executives, presenters from outside the company, politicians, etc. Be sure to keep everyone around for a social event somewhere afterwards. (Exelon)
2. Bowling (Exelon)
3. Paintball (Exelon)
4. Bar/Restaurant social (Exelon)
5. Form an athletic team in a local league. Softball, Basketball, Kickball, and Dodgeball are just a few things that might be available. It builds teamwork and is a great way to socialize and network. (Exelon)
6. Hold lunches on site to update your members on upcoming activities and past activities. (Exelon)
7. Attend a local baseball game; have a meet & greet beforehand at a restaurant. Incorporate icebreakers or a trivia contest. This is usually an inexpensive event. (OPG – Durham Chapter)
8. Golf tournament. For example, the OPG Durham chapter gave out prizes and encouraged people to attend even if they aren't good at the sport (most honest team, etc...). Have a banquet dinner at the end of the day. (OPG – Durham Chapter)
9. Organize a summer get together at a local mini-putt, batting cages, beach volleyball area. Make it inexpensive to encourage maximum participation. (OPG – Durham Chapter)
10. Host a pool tournament. This can be low-key and inexpensive. (OPG – Durham Chapter)
11. Bowling and dodgeball. These games are fun and don't require highly skilled players. Great way to encourage teamwork and networking. (OPG – Durham Chapter)
12. Food! The Diablo Canyon chapter has hosted after-work social events at a local all-you-can-eat pizza restaurant. This is an inexpensive way to get everyone together. (Diablo Canyon)



Local Chapter Activity Ideas

Public Information / Advocacy

1. Participate in the National Poster Contest. It's a great way to get into the community and also a great way to work on public speaking skills. (Exelon)
2. Attend community information nights or public NRC meetings in your local community. (Exelon)
3. Visit a local politician's office and speak to them about current nuclear issues that are going through the government. (Exelon)
4. Work with your HR departments to go back to colleges, universities, and even younger ages to recruit. You can give first hand experience of what it is like to work for the company. (Exelon)
5. Attend local high schools to discuss the role and importance of having people choose a career in the skilled trades. Have young professionals attend these events so they can improve their public speaking skills. (OPG – Durham Chapter)
6. Ask your company how you can assist them with requests to the regulator (NRC, CNSC). For example, OPG Durham has given presentations at two CNSC hearings regarding re-licensing of nuclear facilities in Ontario, mainly discussed how the young generation is engaged and looking to lead the nuclear industry into the future. This shows the company that NA-YGN is willing to lead. (OPG – Durham Chapter)

Community Service

1. Form a team to build a house for Habitat for Humanity – It builds great teamwork and gives back to the community at the same time. (Exelon)
2. Support a local Earth Day activity or work with your nearby communities to plant trees. (Exelon)
3. Support local girl and boy scouts programs with projects and events. (Exelon)
4. Judge local science fairs or participate as a mentor for a robotics team. (Exelon)
5. Organize a food drive for your local food bank. (Diablo Canyon)
6. Host a poker tournament (or any kind of money-making game) to raise money for your charity of choice. (Diablo Canyon)
7. Organize a service event that involves your entire company or plant site. The Diablo Canyon chapter has organized their plant's support of the Salvation Army "Angel Tree" program. This is a great way to get your chapter involved in service and get the NA-YGN name out to your company and the community. (Diablo Canyon)



Local Chapter Activity Ideas

Comments

1. When you're done with any activity, publish it in a newsletter and get the word out that your NAYGN chapter is strong and active. Newsletters are a great way to brag to Executives about what the organization has been doing for the company.
2. It is helpful to have a diverse executive committee that includes people from various disciplines (engineering, HR, ops, maintenance, finance, etc...). Having a diverse committee ensures that advertising for events are spread throughout the company instead of staying in the engineering and days staff ranks. It also brings about different ideas since people from all these disciplines have their own way of viewing what a successful career is all about. (OPG – Durham Chapter)