The purpose of this document is to create a living list of ideas that local chapter leaders can use to develop activities for their local chapters to participate in. The activities are grouped by type. This is a living document, created by and for NAYGN local chapter leads. The chapter that contributed each idea is listed in parenthesis after the activity description. If you want more information about a particular idea, please use the list of local chapters and contacts to get in touch with the chapter that submitted the idea. Please submit new ideas or comments to [Canada@naygn.org](mailto:Canada@naygn.org) and/or [USA@naygn.org](mailto:USA@naygn.org).

# Professional Development

# \*\*Diversity & inclusion self-reflection: are the speakers we bring in from diverse and different backgrounds? \*\*

1. Get involved in the Virtual PD Committee to share existing content, develop and/or deliver quality content virtually to our members during the time of COVID-19 where members are not able to gather together for our usual means of professional development – contact [virtualpd@naygn.org](mailto:virtualpd@naygn.org) for more information.
2. Kickoff the year with Executive Sponsor – have them speak about why NAYGN is good for the employees and why it is good for the company to encourage more to participate.
3. Bring in a development manager for your company that can speak about your career development programs. They can give ideas on how you can create a good career plan. They can also discuss different career paths and give you an idea of what might be best for you.
4. Lunch and Learn with Senior Leadership- Have a member of your senior leadership team come in during a lunch and talk about how they got to where they are. It can give someone ideas as to how they can get there. This can be rotated around through the different departments and even through the different levels. We can’t go from individual contributor to plant manager in one day, right?
5. Bring in a diversity and inclusion specialist to discuss current issues via a lunch and learn or similar venue.
6. Lunch and Learns on Financial Topics – Example topics covered: first time home buying, buying vs. renting, investing your money.
7. Lunch and Learns on soft skills – topics could be negotiating, communication, emotional intelligence, presentation techniques, leadership, etc.
8. Profiles in Leadership Evening – This event is similar to a lunch and learn where you bring in a senior executive to talk about his or her career… except it is done after work and at a nice restaurant/bar/pub where people can mingle, network, listen to and ask questions of the senior exec and also eat food, have a drink, play pool, etc.
9. Facility tour – this could be at a national lab, research facility, utility, manufacturer, university, etc.
10. Organize an engagement survey for your company on young professional issues. This gives people exposure on how to complete a survey, helps your company know where the issues are, and gives young professionals an opportunity to provide feedback on their careers.
11. Send selected chapter members to soft-skill seminars. Have these members provide a report/summary back to the group at the next chapter meeting.
12. Get involved in the NAYGN Book Club (contact [PD@naygn.org](mailto:PD@naygn.org) for more information) or host your own.

# Networking / Social

1. Hold an annual anniversary meeting that celebrates the founding of NAYGN for your company or site. This would usually be an all-day event that revolves around a common theme. It would include speakers that can talk about different topics, but they all tie together through the common theme for the event. Speakers could be Executives, presenters from outside the company, politicians, etc. Be sure to keep everyone around for a social event somewhere afterwards.
2. Host a cook-off



1. Bowling
2. Paintball
3. Escape room
4. Bar/Restaurant social
5. Form an athletic team in a local league. Softball, Basketball, Kickball, and Dodgeball are just a few things that might be available. It builds teamwork and is a great way to socialize and network.
6. Attend a local sporting event - have a meet & greet beforehand at a restaurant. Incorporate icebreakers or a trivia contest. This is usually an inexpensive event as you can charge members the price of the ticket and get a discount buying in bulk.
7. Golf tournament.
8. Organize a summer get together at a local mini-putt, batting cages, beach volleyball area. Make it inexpensive to encourage maximum participation.
9. Host a pool tournament. This can be low-key and inexpensive.

# Public Information / Advocacy

1. Get involved in the PI Committee by contacting [PI@naygn.org](mailto:PI@naygn.org) and also be sure to tap into existing resources here:
   * [Public information library](https://naygn.org/committees/public-information/public-information-library/): includes teacher workshop presentations ready for teachers to incorporate into their lesson plans.
   * High school [curriculum](https://www.navigatingnuclear.com/classroom-resources/high-school/)
   * Middle school [curriculum](https://www.navigatingnuclear.com/classroom-resources/middle-school/)
   * Virtual field trip of a [nuclear power plant](https://www.navigatingnuclear.com/palo-verde-generating-station-vft/)
   * Virtual field trip of a [national laboratory](https://www.navigatingnuclear.com/nuclear-reimagined-vft/)
   * [Marie’s Electric Adventure](https://naygn.org/committees/public-information/maries-electric-adventure/): activity guide with science experiments and a free e- book on itunes including audio
   * [George’s Energy Adventure](https://naygn.org/georges-energy-adventure/): activity guide including coloring pages, a free e-book on itunes, and hard copies available via Amazon.
2. When going to schools get the students to participate in the NAYGN Drawing Contest for elementary school students or the essay contest for high school students.
3. Stay active virtually (i.e. during COVID-19):
   * **Houseparty!** – host virtual “social events” with your members.
   * **Virtual Lunch and Learns** – the majority of our members are working from home. Host a lunch and learn to learn more about the communication tools that are being used and how to effectively use them.
   * **Host Virtual Trivia** Set up a virtual trivia night using Kahoot! (a game-based learning platform).
   * **Classroom Visits**: These are still possible! Connect with a teacher for a VIRTUAL classroom visit (remember – teachers are being asked to very rapidly move their curriculum to a virtual environment and I’m sure most would *love* a guest lecture). Some schools are using Zoom, Google Classroom, or other platforms so be prepared to be flexible and learn something new!
   * **Host a Virtual Hackathon** Present a dynamic problem during a virtual classroom visit. Encourage collaborative problem solving (“hackathon” or “design-sprint”) as the students research a solution!
   * **Make a 2 Minute Informative Video** We are looking for more digital content to post on our social media platforms. Take a simple phone video of you explaining a nuclear topic in 2 minutes or less and we will post it!
   * **Call Your Representatives**: In lieu of Hill Day, NAYGN members are encouraged to call their elected officials for a quick chat about the importance of clean, reliable nuclear energy. Especially at a time like this! Nuclear energy is bringing you 20% of all the Netflix you are watching!
   * **Go Live!** Consider Live Streaming a science experiment or reading a STEM children’s book. If you are interested in reaching a wider audience, contact [communications@naygn.org](mailto:communications@naygn.org) for an opportunity to get set up on the NAYGN Facebook, Instagram, Twitter, or LinkedIn accounts.
   * **Tell Your Story**: Using the template, consider posting what makes you proud to work in nuclear, *especially now* with #Proud2BeNuclear
   * **Take Advocacy Digital**: Take a few minutes to check out ongoing initiatives with our partner organizations and see if you can help! Generation Atomic & Nuclear Matters are good places to start!
4. Attend community information nights or public NRC meetings in your local community or participate in a CNSC public hearing. A great resource is [HERE](https://naygn.org/naygn-advocacy-starter-kit/)
5. Participate in the NAYGN Post Card Push Day.
6. Participate or run an event during Nuclear Science Week.
   * Host a yoga event/fitness class at the nuclear site
   * Nuclear “takeover” day at your local science museum
   * Invite public to the plant or host a food truck “rodeo”
   * Symphony at the nuclear plant
   * Trick or treat at the plant
   * Outdoor movie night at the lawn of the plant
   * Make nuclear memes to share on social media
   * Host a showing of a nuclear movie (Juice/Current Wars/Nuclear Fire/etc.)
   * Host “Face your Fears Day” at the nuclear plant
   * Host a stargazing event
   * Host a board game night (i.e. Powergrid or Fission game or Energy challenge <http://energychallenge.duke-energy.com/> )
   * Host an info session on SMRs (i.e. Oklo)
   * Climate interactive: host a mock UN special session on energy and climate <https://www.climateinteractive.org/>
   * <http://navigatingnuclear.com/> or <https://teachnuclear.ca/>
   * Nuclear science teacher workshop ([nuclear101@naygn.org](mailto:nuclear101@naygn.org))
   * Boy or Girl Scout Nuclear science merit badge workshop
   * Children’s book reading (Marie or George) at library/plant/classroom
7. Attend hill days and/or millennial nuclear caucus events.
8. Visit a local politician’s office and speak to them about current nuclear issues that are going through the government.
9. Work with your HR departments to go back to colleges, universities, and even younger ages to recruit. You can give first-hand experience of what it is like to work for the company.
10. Attend local rallies, write editorials to local newspapers, and/or attend clean energy events.

# Community Service

1. Form a team to build a house for Habitat for Humanity – It builds great teamwork and gives back to the community at the same time.
2. Support a local Earth Day activity or work with your nearby communities to plant trees.
3. Support local girl and boy scouts programs with projects and events.
4. Judge local science fairs or participate as a mentor for a robotics team.
5. Organize a food drive for your local food bank.
6. Host a poker tournament (or any kind of money-making game) to raise money for your charity of choice.
7. Host a golf tournament with proceeds going to charity.
8. Organize a service event that involves your entire company or plant site. The Diablo Canyon chapter has organized their plant’s support of the Salvation Army “Angel Tree” program. This is a great way to get your chapter involved in service and get the NAYGN name out to your company and the community.

# Comments

* 1. When you’re done with any activity, publish it in a newsletter and get the word out that your NAYGN chapter is strong and active. Newsletters are a great way to brag to Executives about what the organization has been doing for the company.
  2. It is helpful to have a diverse executive committee that includes people from various disciplines (engineering, HR, ops, maintenance, finance, etc…). Having a diverse committee ensures that advertising for events are spread throughout the company instead of staying in the engineering and days staff ranks. It also brings about different ideas since people from all these disciplines have their own way of viewing what a successful career is all about.
  3. Submit an event summary and pictures to [communications@naygn.org](mailto:communications@naygn.org) to be featured in the Go Nuke article. Also send an email to [USA@naygn.org](mailto:USA@naygn.org) and [Canada@naygn.org](mailto:Canada@naygn.org) to be shared on the next LCL call and added to this document.
  4. Don’t forget to submit your metrics for the event <https://naygn.org/chapter-metrics/>
  5. If someone did an amazing job with the event nominate them for a quarterly NAYGN excellence award - <https://naygn.org/> to recognize their hard work.